

2021 HIGHLIGHTS



Portage medication-assisted treatment clinics and peer recovery supporters were able to expand services with the new SOR2 funding. New projects also began in 2021 including early diversion for at risk adolescents, an intensive home-based treatment team, family centered group treatment for substance abuse, trauma training, and tobacco cessation therapy for individuals with co-occurring opioid & stimulant use disorders.



Youth-led prevention activities at Portage high schools helped bring a sense of community and belonging for students during the stressful year. The activities are designed to increase developmental assests to help young people grow to be healthy, caring, and responsible. Youth-led activities and school-based prevention education was funded through a state grant and with local levy dollars.



Officer Matthew Kennedy of Brimfield Police was named the 2021 Crisis Intervention Team Officer of the Year by the Portage County Police Chief's Association and the Board. He received the honor for the assistance he gave to a suicidal woman this year. The Board held two 40-hour CIT classes in 2021, training 34 officers.

Mental Health & Recovery Board OF PORTAGE COUNTY

2021 ANNUAL REPORT

DIRECTOR'S DESK

Throughout the second year of the pandemic, the Mental Health & Recovery Board of Portage County continued to enhance the community mental health and addiction system of care. As opioid overdose deaths have been occurring at alarming rates these past several years, there has also been a significant increase in the use and deaths from cocaine and methamphetamines as well. This crisis is further complicated by the presence of the COVID19 pandemic and the additional challenges it presents.



In response, the Board received over \$800,000 in federal State Opioid Response funding to develop and expand programs to prevent, treat, and help people recover from opioid use disorders and stimulant use disorders. The new funding allows us to strengthen our continuum of care with new evidence-based-practices for us to offer a full range of recovery-oriented services that will assist individuals in moving towards achieving recovery.

The Board was awarded a 5 year \$650,000 SAMHSA Mental Health Awareness Grant in collaboration with Kent State University. The grant will be used to conduct extensive suicide prevention and basic mental health training to school staff, businesses, and community groups. The Board also received other additional funding from Ohio Mental Health & Addiction Services to assist adults with serious and persistent mental illness to help pay for their recovery supports.

The Portage County Crisis Intervention Team was expanded with initial help from funds from the Criminal Justice Center of Excellence at NEOMED and was continued into 2021 with local levy dollars. With the work of our Portage CIT Coordinator, we are able to better align all the police departments in the county with best practices and solidify the relationships between the police, the community, and the behavioral health system.

These past few years having been trying for most, but we continue to take the lessons learned to improve our service delivery. We are constantly exploring different revenue streams and evaluating our services to provide for the residents of Portage County.

John Garrity, PhD, Executive Director

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FISCAL YEAR 2020-2021

HELPING PORTAGE COUNTY CHILDREN & ADULTS

402 children and teens received treatment for trauma, emotional problems, mental illness and substance use disorders.

1506 adults received treatment for trauma, emotional problems, mental illness and substance use disorders.

28,364 contacts with people through the 24-HR crisis calls, information and referral calls, incidents of walk-in counseling, crisis outreach and screening for hospitalization.

155 admissions through the Coleman Crisis Stabilization Unit.

2,427 youth and adults participated in prevention education programs.

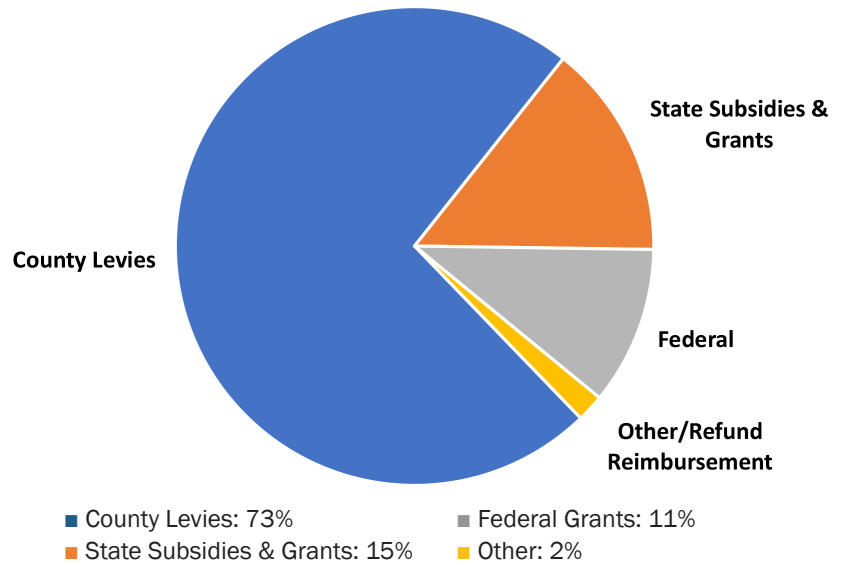
434 students identified at risk and screened in all Portage County School Districts through a program funded by the Board. **36%** were identified as having mental health issues requiring therapy and/or psychiatry services.

NETWORK OF AGENCIES:
 Children's Advantage
 Coleman Health Services
 Family & Community Services
 Townhall II

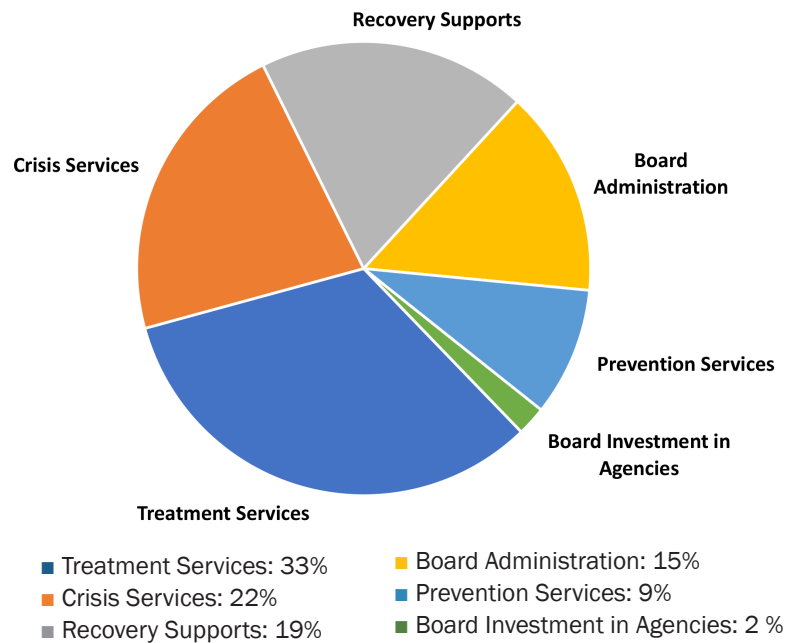


www.mental-health-recovery.org • 330.673.1756 • 155 E. Main St. PO Box 743, Kent, OH 44240

REVENUE SOURCES FOR FY2021 TOTAL REVENUE = \$8,982,144



TOTAL EXPENDITURES FOR FY 2021 = \$6,727,066



Talking with your kids about drugs & alcohol

Over 55% of Portage County youth say that their parents influence their decision whether or not to drink or misuse drugs.

- Let them know you disapprove of underage and other misuse.
- Show them you care about their health, wellness, and success.
- Talk frequently, be clear & consistent.

Learn more at www.mental-health-recovery.org/prevention-tips



Messages on safe medication disposal, the importance of speaking to young people about the dangers of drugs and alcohol, and awareness of substance use disorder services were placed by the Board on grocery shopping carts, bus signs, billboards, social media, streaming video, and radio this past year through funding from the state's MAT-PDOA grant.

During this time of crisis, we're open and here to help.

Crisis Helpline: **330-678-HELP**
 Addiction Helpline: **330-678-3006**
 Crisis Text Line: 4hope to 741741



Awareness materials about local mental health resources were also distributed at food banks and drive through events during the pandemic.

